

What are veneers?

A veneer is a thin layer of tooth coloured ceramic material which is placed over your natural tooth to mask or reshape the underlying tooth. Teeth that are discoloured, chipped, rotated or spaced can be transformed with veneers. Each veneer is individually designed by the dentist to give you the appearance of a healthy natural looking smile.

At Clarity Dental Care all veneers are fabricated and placed on site using our state of the art CAD/CAM technology.

The entire process takes around a day or less for you to have a complete smile makeover in one day!

What is the procedure for veneers?

Prior to veneers

- A consultation from your dentist to discuss costs, aesthetic desires, colour and to answer any questions or concerns.
- A full dental clean to ensure gum health is optimum.
- Teeth whitening is also an option if you wish to brighten your teeth prior to the veneers.

***** A dental clean is essential 4 weeks prior to any veneer procedure and failure to have a dental clean can result in refusal of treatment*****

Preparation

- A small amount of enamel is removed from the front surface of the tooth/teeth to have adequate space for the veneer material so they will not appear to bulky or over contoured.
- The upper and lower teeth are then scanned using a Cerec™ machine to make a 3D representation of your mouth
- Your veneer/s are then designed, milled and cemented here on site by your Dentist
- The entire process takes a day or less to complete

****If your front teeth have multiple fillings and not much natural tooth structure remaining, then a full coverage crown rather than a veneer may need to be placed, the procedure is the same but instead of the enamel being removed from the front of the tooth only, it is removed from the entire tooth and the crown is placed over the entire tooth****

How do you look after veneers?

Veneers can last a long time but a lot depends on how you take care of them and the surrounding areas. There are several steps to take to ensure your veneers stay in optimum condition.

- Maintaining good oral health by brushing and flossing twice a day and also having 6 monthly examination and dental cleans. **Failure to maintain your oral health will void your 12 month warranty.**
- Breaking habits such as nail biting, opening bottle tops and biting/holding pens in between your teeth.
- **Ensuring that if a custom made occlusal splint has been recommended and made, it must be worn nightly, otherwise it will void your 12month warranty.**

Potential Risks and Complications

1. In preparing the teeth for the veneer, it is necessary to reduce or roughen the surface of the tooth to which the veneer may be bonded. This preparation will be done as conservatively as possible. If the veneer breaks or comes off, the uncovered tooth may become more susceptible to decay/sensitivity.
2. Even though in the majority of the cases there is usually no appreciable sensitivity, treatment may cause teeth to become sensitive. This sensitivity is usually transitional and settles within a period of a few days to one month. Should sensitivity persist for any length of time, please contact Clarity Dental Care.
3. No matter how well a veneer is placed, chipping, breaking or loss of the veneer could occur. Many factors could contribute to this happening, including chewing of excessively hard materials, changes in bite, traumatic blows to the mouth or grinding or clenching of the teeth
4. Every effort possible will be made to match and coordinate both the shape and shade of the veneer to be pleasing to the patient. However, there are some differences that may exist between the natural tooth and the ceramic materials, making it almost impossible to have the exact shade. Therefore teeth whitening is optional before the procedure.
5. Periodontal disease can occur at any age, with or without veneers. Properly designed veneers aid in the prevention, as does good oral hygiene, regular cleaning and dental examinations, healthy diet and good general health. Prior to treatment, the health of the gums must be controlled to prevent unwanted bone and gum loss, as well as maintain a healthy working environment during treatment
6. There are always risks associated with having live teeth reduced for crowns/veneers. Due to the tooth tissue reduction there is a risk that this can aggravate the nerve within the tooth, resulting in it becoming inflamed or necrotic. The tooth will then need Root Canal Treatment or extraction. If this occurs the Root Canal Treatment can be completed without removing or causing damage to the veneers. However, in some instances, the longevity of the veneer may be compromised.
7. Tooth decay may occur on areas of the tooth not covered by the veneer. Tooth decay around the margins is usually a key component inquiring the replacement of the veneer.
8. All veneers have a warranty of 12 months, only if the guidelines provided have been met. For instance, wearing of the occlusal splint nightly is a must if recommended.

In signing this form, I acknowledge that I have been given the full opportunity to ask any and all questions I might have about the treatment I am to receive at Clarity Dental Care. I agree that I have read and understand all the information supplied to me in regards to the treatment

Patient/Guardian _____ Date: _____